

2012 SCHA ANNUAL MEETING & CONFERENCE: ELECTING A HEALTHY FUTURE
MARCH 1-3, 2012 • UNIVERSITY OF FLORIDA • GAINESVILLE, FL
SESSIONS & PRESENTERS BY DAY/TIME, INCLUDING OBJECTIVES


Accreditation Statements

CME for Physicians: The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Florida College of Medicine has approved this educational activity for a maximum of 11.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE for Nursing: The Florida State Board of Nursing has approved this educational activity for a maximum of 11.5 CE hours. Provider #50-2827-1

PsyCE – CE for Psychologists: The University of Florida Department of Clinical and Health Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Department of Clinical and Health Psychology maintains responsibility for this program and its content. For questions regarding these sessions and associated CE for psychologists, please contact Robert Guenther, PhD, Director of Continuing Education, Department of Clinical and Health Psychology, at (352) 273-5268. The University of Florida Department of Clinical and Health Psychology has approved this educational activity for a maximum of 10.5 PsyCE hours. We will also submit to State of Florida/CE Broker. Contact Jackie Ayers, PhD (docayers@ufl.edu/352-392-5787) with any questions. Florida Board of Psychology, Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling Provider #50-1896, has approved this educational activity for a maximum of 10.5 CE hours.

CECH – CHES/MCHES: The University of Florida CME has been designated as a provider of Continuing Education Contact Hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This educational activity has been awarded 11.5 Category 1 CECH hours.

 **ACPE – CE for Pharmacists:** The University of Florida College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The University of Florida College of Pharmacy has approved this educational activity for a maximum of 10.5 ACPE hours.

THURSDAY, MARCH 1, 2:30-4:30 PM – MASTERS SESSIONS

Assessing for Self-Harm: A Multi-Dimensional Competency - Wayne Griffin, PhD, Licensed Mental Health Counselor & Associate Director, Counseling & Wellness Center, University of Florida

ROOM: Ballroom C

CME: 2.0 Nursing CE: 2.0 PsyCE: 2.0 CECH: 2.0 ACPE: 2.0 (e-Profile # 0012-9999-11-225-L04-P)

OBJECTIVES:

- Provide participants an operational definition of lethality assessment.
- Introduce participants to a conceptual framework based on the work of several mental health specialists.
- Provide opportunity for assessment skill practice and develop participant familiarity with the model through the use of case study simulation.

First Aid for Today's Medical Practice: Coding with Confidence - Capturing All Revenue - Kristine Eckis, CPC, Coding Reimbursement Analyst, Student Health Care Center, University of Florida

ROOM: Hickory

CME: 2.0 Nursing CE: 2.0

OBJECTIVES:

- Describe industry trends and the impact on medical documentation.
- Identify common audit findings to avoid risk of exposure.
- Discuss common coding errors and omissions.
- Improve coding skills (E and M), modifiers and diagnoses.
- Identify services commonly provided but not billed to capture all legitimate revenue.

Nursing Boot Camp Panel: How to Start a Travel Clinic; Working with Nursing Triage & Standing Orders; Immunizations in College Health; Marketing Your Student Health Center - Bruce Major, RN; Diane Pecora, RN; Karen Brennan, RN; and Catherine A. Seemann, Marketing Coordinator, Student Health Care Center, University of Florida

ROOM: Dogwood

CME: 2.0 Nursing CE: 2.0

OBJECTIVES:

- Discuss the current objectives of immunizations in college health.
- Review nursing triage and the use of standing orders.
- Describe how to market your student health center.
- Discuss how to implement a travel clinic in your student health center.

Strategies for Development & Growth of a State AODV Coalition - Jason Powell, Director, CHASCo, Coalition for Healthy & Safe Campus Communities (CHASCo), TN Independent Colleges & Universities Association (TICUA); Jacque De Fouw, Health Educator, University of Memphis; and Lisa Schrader, MPH, MCHES, Director of Health Promotion, Middle Tennessee State University

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ROOM: Hawthorne

CME: 2.0 Nursing CE: 2.0 CECH: 2.0

OBJECTIVES:

- Describe the advantages of a statewide AODV coalition.
- Identify six aspects necessary for development of an effective state-wide coalition of institutions of higher education.
- Discuss the process for funding the coalition.
- Describe expanding while keeping the focus on mission.

Third-Party Insurance in College Health Services - Katherine Lindsey, Administration & Insurance Coordinator, Student Health Care Center, University of Florida

ROOM: Azalea

CME: 2.0 Nursing CE: 2.0

OBJECTIVES:

- Define what "third-party billing" really means.
- Identify the impact on college health centers.
- Describe a case study: UF Student Health Care Center.
- Explain possible pitfalls of private insurance.

Update on Asthma & Allergic Rhinitis - Leslie Hendeles, PharmD, Professor of Pharmacy & Pediatrics, Colleges of Pharmacy & Medicine, University of Florida

ROOM: Ballroom B

CME: 2.0 Nursing CE: 2.0 CECH: 2.0 ACPE: 2.0 (e-Profile # 0012-9999-11-226-L01-P)

OBJECTIVES:

ASTHMA:

- Describe the advantages of administering albuterol by MDI through a valved holding chamber.
- Compare and contrast the use and advantages of levalbuterol versus racemic albuterol.
- Explain the rationale for treatment choices in acute asthma.

ALLERGIC RHINITIS:

- Describe the pharmacologic actions of each class of medications.
- List the most common side-effects of each class of agent.
- Describe which symptoms of allergic rhinitis are controlled by each class of medication and which are not.

FRIDAY, MARCH 2, 8-9 AM – KEYNOTE SPEAKER

Leadership by Choice - Lou Heckler, CSP, CPAE, Motivational Speaker

ROOM: Ballroom A

CME: 1.0 Nursing CE: 1.0 CECH: 1.0

OBJECTIVES:

- Identify and utilize key decisions made by effective health care providers.
- List six key choices all high performing leaders make.

Word of mouth has propelled Lou Heckler through three successful decades of motivational speaking, keynote speaking and speech coaching in hundreds of cities. Through it all, he has kept current and kept his life balance, being voted one of the favorite speakers by meeting planners as listed in Meetings and Conventions Magazine, July 2010. Most of Lou's motivational speaking, keynote speaking, and speech coaching assignments come to him as repeat or referral business because he takes a personal interest in the success of each event and individual. As a speech coach, he is noted for endowing the people he teaches with confidence, recognition of effective performance structure and enhanced skill in storytelling. His coaching clients include both professional speakers and executives.

FRIDAY, MARCH 2, 9:15-10:15 AM – CONCURRENT SESSIONS

College Students Catching ZZZZ's - Kristina Grabnickas, ARNP, MSN, Health Services, University of Central Florida

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ROOM: Hickory

CME: 1.0 Nursing CE: 1.0 CECH: 1.0

OBJECTIVES:

- Describe what effect sleep deprivation has on college students' studies and lives.
- Describe how to incorporate healthy sleep habits into a college lifestyle.

Contraception Update - John Davis, MD, Department of OB/GYN, University of Florida

ROOM: Azalea

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-227-L04-P)

OBJECTIVES:

- List the hormonal contraceptives available to women in the U.S.
- Describe the advantages and disadvantages of these contraceptive methods.
- Identify better ways to assist patients in choosing a contraceptive.

Drug Information for Healthcare Practitioners - Paul L. Doering, MS, Distinguished Service Professor, Pharmacotherapy & Translational Research, College of Pharmacy, University of Florida

ROOM: Ballroom C

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-230-L04-P)

OBJECTIVES:

- List three different sources of information with which the practitioner can find information about adverse reactions and drug interactions.
- Compare and contrast these references in order to understand the benefits and shortcomings of each. List additional sources of information on newly approved drugs.
- State the importance of official labeling of a drug to the practice of medicine/pharmacy and know how to quickly access this information.
- List two sources of information for the off-label use of drugs.

Engaging the Community in Sexual Assault Prevention: Empowering College Students to Be Active Bystanders - Jennifer Stuart, PhD, Licensed Psychologist, Counseling & Wellness Center and Sexual Trauma/Interpersonal Violence Education (STRIVE Members: Carrie Torrey, MS, Ron Del Moro and Kathleen Joseph), University of Florida

ROOM: Dogwood

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0

OBJECTIVES:

- Describe the components of an effective bystander education program.
- Contrast the bystander intervention approach to other approaches to sexual assault prevention.
- Apply bystander intervention concepts to the realm of sexual assault on college campuses.

Male Sexual Dysfunction in the College-Age Population - Louis Kuritzky, MD, Assistant Professor, Family Medicine Residency Program, Department of Community Health & Family Medicine, College of Medicine, University of Florida

ROOM: Hawthorne

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-229-L04-P)

OBJECTIVES:

- Discuss factors that affect sexual function of young men.
- Describe evaluation of male sexual dysfunction.
- Compare treatment and medication options.

mCollegeHealth: Levering Mobile for Healthier Campuses - Jay Bernhardt, PhD, MPH, Chair & Professor, Director, Center for Digital Health & Wellness, Department of Health Education & Behavior, College of Health & Human Performance, University of Florida

ROOM: Ballroom B

CME: 1.0 Nursing CE: 1.0 CECH: 1.0

OBJECTIVES:

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- Define mHealth.
- Compare mobile reach and usage among different populations.
- Describe mHealth applications for college health promotion.
- Describe mHealth application for college health measurement.

FRIDAY, MARCH 2, 10:30-11:30 AM – CONCURRENT SESSIONS

Psychoneuroimmunology: Healing the Mind & Body - Beree Darby, PhD, Psychologist & Psychoneuroimmunologist

ROOM: Hickory

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-232-L04-P)

OBJECTIVES:

- Describe the basics of psychoneuroimmunology.
- Define hypnosis and its unique qualities.
- Explain research studies of hypnosis.

Solo Sex: Masturbation As an Alternative or Supplement to Sexual Relationships with Partners - Joanne B. Auth, MEd and Alvin W. Lawrence, Jr., PhD, University of Florida (*PLEASE NOTE: Presentation contains detailed information related to masturbation.*)

ROOM: Ballroom B

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0

OBJECTIVES:

- Describe the personal and socio-cultural attitudes that often accompany the practice of masturbation.
- Explain the advantages of advocacy for masturbation as an alternative or supplement to relationships that may encompass emotionally and physically risky sexual behavior.
- Identify four masturbatory techniques for males and for females that usually produce pleasure and/or orgasmic release.
- Discuss cautionary aspects of "solo sex."

Testicular Cancer: The Most Common Cancer in Young Men - Zev Wajzman, MD, Professor Emeritus, Department of Urology, University of Florida

ROOM: Hawthorne

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-L04-P)

OBJECTIVES:

- Identify the most curable cancer today in the history of malignant disease.
- Discuss the incidence and risk of testicular cancer in young males.

Toxicology for Healthcare Practitioners - Sven A. Normann, PharmD, Associate Dean for Distance, Continuing & Executive Education, Department of Pharmacotherapy & Translational Research, College of Pharmacy, University of Florida

ROOM: Azalea

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-231-L04-P)

OBJECTIVES:

- Identify the most common agents (pharmaceutical and non-pharmaceutical) involved in unintentional poisonings.
- Describe the key elements, importance and process in obtaining the history of a poisoning exposure. Counsel/advise patients on the proper course of action/first aid treatment for a poisoning emergency.
- Identify three useful resources of poison information for the healthcare practitioner.
- Explain the role, purpose and function of a regional poison control center.

Update on the Pharmacologic Management of Type II Diabetes - R. Whit Curry, Jr., MD, Professor & Chairman, Department of Community Health & Family Medicine, College of Medicine, University of Florida

ROOM: Dogwood

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-235-L01-P)

OBJECTIVES:

- Identify appropriate medication choices for the newly diagnosed patient with type II diabetes.

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- Describe use of insulin in type II diabetes.
- Explain the mechanism of action of newer diabetic medications and their appropriate use.

Whose Rx Is It? Exploring the Phenomenon of Prescription Drug Use Among College Students - Laura Forbes, PhD, MCHES, Associate Professor of Health Education; Retta Evans, PhD; Donna Burnett, PhD; and Jessica Altice, Doctoral Student, University of Alabama at Birmingham

ROOM: Ballroom C

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-233-L04-P)

OBJECTIVES:

- Describe prescription drug use and non-medical prescription drug use trends among college students.
- Identify successful education strategies for campus implementation.
- Discuss strategies to reduce prescription drug use and access.
- Discuss the national emphasis placed on this particular issue.

FRIDAY, MARCH 2, 12:15-1:45 PM – SPECIAL GUEST SPEAKER

Neurobiology of Addiction: From Food to Cannabis - Mark S. Gold, MD, Chair, Department of Psychiatry, University of Florida

ROOM: Ballroom A

CME: 1.5 Nursing CE: 1.5 PsyCE: 1.5 CECH: 1.5 ACPE: 1.5 (e-Profile # 0012-9999-11-236-L04-P)

OBJECTIVES:

- Review the common neurobiology of drug, food, sex reinforcement.
- Discuss how the brain can be hijacked by such reinforcement.
- Discuss prevention, intervention and treatment strategies.

Dr. Mark Gold is a teacher of the year, researcher and inventor who has worked for nearly 40 years to develop models for understanding the effects of tobacco, cocaine and other drugs and also food on the brain and behavior. He has developed translational research models which have led to new treatments for addicts, and also conceptualized hypotheses which were more than novel but also yielded new approaches to treat patients. Dr. Gold was the first faculty in the University of Florida Division of Addiction Medicine and Chief of the Addiction Medicine Division. Under his leadership, the Division of Addiction Medicine has grown from only Dr. Gold in 1990 to one of the largest and best known translational research – to – new treatment programs in the world, with over 30 academic faculty and National Institute of Health (NIH), National Institute of Alcohol Abuse and Alcohol (NIAAA), National Institute on Drug Abuse (NIDA) and other funded researchers in secondhand exposure models, self-administration, functional brain imaging, public health, impaired professionals, genomics, proteomics and nanotechnology. The entire UF Department of Psychiatry, with 80 full-time academic faculty, is one of the largest and most diverse academic departments in the U.S.

Prior to assuming his current position as Chair of the UF Department of Psychiatry, Dr. Gold was a Distinguished Service Professor in the Departments of Psychiatry, Neuroscience, Anesthesiology and Community Health and Family Medicine at the UF College of Medicine. Recently, he was selected as UF's Distinguished Alumni Professor, a two-year, university-wide leadership position. He is also a member of the McKnight Brain Institute and a Founder of the UF Center for Alcohol and Drug Research and Education (CARE).

FRIDAY, MARCH 2, 2-3 PM – CONCURRENT SESSIONS

CANCELED SESSION: Unwanted Sexual Experiences During a Hookup: Understanding the Reproductive Health Needs of College Women 19-25 - Caitlin Powalski, MPH, University of Rochester

Acne: A Logical Approach - Susan Millan, MD, Dermatology Clinic, Student Health Care Center, University of Florida

ROOM: Dogwood

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-238-L04-P)

OBJECTIVES:

- Describe acne lesions using dermatologic terminology.
- Define acne sequelae.
- Identify acne classifications.
- Discuss step-wise treatment regimens based on acne severity, cost and patient skin types/ethnicity.

Incorporating Student Talent to Enhance Your Alcohol & Other Drug (AOD) Programming - Maureen Miller, MPH, CHES, Coordinator for Alcohol & Other Drug Prevention, GatorWell Health Promotion Services and Virginia Dodd, PhD, MPH, Associate Professor, Community Based Programs, College of Dentistry, University of Florida

ROOM: Hawthorne

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CME: 1.0 Nursing CE: 1.0 CECH: 1.0

OBJECTIVES:

- Describe overall student involvement regarding social marketing campaigns to address high-risk drinking.
- Identify at least two advantages of incorporating student involvement.
- Identify at least two disadvantages of incorporating student involvement.
- Differentiate between various social marketing campaign examples.

Update on Concussions - Nahum Beard, MD and Seth Smith, MD, Primary Care Sports Medicine Fellows, Department of Community Health & Family Medicine, College of Medicine, University of Florida

ROOM: Ballroom B

CME: 1.0 Nursing CE: 1.0

OBJECTIVES:

- Discuss the current evaluation and management of concussions.
- Describe emerging modalities in accurately and quickly assessing concussions.

Wellness Coaching in the College Clinic - Libby Burtner, RN, BSN, MS, Director of Health Services, College of Idaho

ROOM: Azalea

CME: 1.0 Nursing CE: 1.0 CECH: 1.0

OBJECTIVES:

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- Describe two bodies of knowledge that impact coaching.
- Identify at least two mindfulness techniques to use during appointments with students to enhance their self-efficacy.
- Describe the use of gratitude in terms of wellness.

When Prozac Isn't Enough: Managing Treatment-Resistant Depression - Marcia Morris, MD, Psychiatrist, Counseling & Wellness Center, University of Florida

ROOM: Ballroom C

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-237-L04-P)

OBJECTIVES:

- Describe treatment-resistant depression.
- Discuss medication strategies for treatment-resistant depression.
- Identify psychotherapy strategies for treatment-resistant depression.
- List new strategies for managing treatment-resistant depression.

FRIDAY, MARCH 2, 3:30-4:30 PM – CONCURRENT SESSIONS

Avoidance Coping & Self-Harm Behavior in College Students: Connections with Suicide? - Retta R Evans, Associate Professor and Laura Forbes, Associate Professor, University of Alabama at Birmingham and Donna O Burnett, Assistant Professor, University of Montevallo

ROOM: Dogwood

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0

OBJECTIVES:

- Identify signs and symptoms of self-harm behavior.
- Describe two or more reasons college students exhibit self-harm behavior.
- List a minimum of three strategies for addressing self-harm behavior.

Engineering a Mass Vaccine Exercise or Campaign to Your Campus Size & Needs - Jenn Swails-Wenger, MS, MBA, Administrative Director, Student Health Center, Vanderbilt University

ROOM: Hawthorne

CME: 1.0 Nursing CE: 1.0 CECH: 1.0

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OBJECTIVES:

- Identify the variables of the equation (qualitative and quantitative) that determines how many students (or staff or families) can be accommodated within a certain time frame and with available staffing.
- List budget items to be considered when preparing and requesting funding for a mass vaccine campaign.
- Identify free (or less costly) and available resources on campus that can help organize and run a mass vaccine campaign.

Internet Pornography Addiction: Prevalence & Treatment of Male College Students - Michael Murphy, PhD, Licensed Psychologist, Counseling & Wellness Center and Maureen Miller, MPH, CHES, Coordinator for Alcohol and Other Drug Prevention, GatorWell Health Promotion Services, University of Florida

ROOM: Ballroom B

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0

OBJECTIVES:

- Describe current prevalence data related to college male student's pornography use.
- Identify three unintended negative consequences of internet pornography use and addiction.
- Identify appropriate treatment options for male college students who exhibit excessive internet pornography use.
- Participants will be able to describe how college health professionals can identify and intervene with college males who are using and/or addicted to internet pornography.

Nutrition Concerns of College Students - Amy Magnuson, RD, PhD, LD/N, Health Promotion Director and Heather Fisher, RD, MS, LD/N, Nutritionist, Thagard Student Health Center, Florida State University

ROOM: Azalea

CME: 1.0 Nursing CE: 1.0 CECH: 1.0

OBJECTIVES:

- Describe current nutrition concerns of college students.
- Identify initiatives to address nutrition concerns of college students.

Radiology Case Studies: What Not to Miss - Guy Nicolette, MD, Associate Director of Clinical Services and Joan Street, RT, Radiology Manager, Student Health Care Center, University of Florida

ROOM: Ballroom C

CME: 1.0 Nursing CE: 1.0

OBJECTIVES:

- Identify radiographic findings that are easily overlooked.
- Identify unusual radiographic images specific to college-age patients.
- Discuss the differential findings in common X-rays performed in college health settings.
- Discuss prognosis and treatment recommendations of some common but easily overlooked findings.

Update on Menopause/HRT - Phylis Craig, CNM, ARNP, Associate Director of Nursing, Student Health Care Center, University of Florida

ROOM: Hickory

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-239-L04-P)

OBJECTIVES:

- Discuss Staging Reproductive Aging in Women (STRAW+10) findings and how to apply this to care of midlife women.
- Identify the common physiologic issues for women in midlife; depression, dyspareunia, osteoporosis and hot flashes and how HRT may or may not benefit women.
- Describe who is a candidate for HRT/ET and review compounded therapies.

SATURDAY, MARCH 3, 8-9 AM – SPECIAL GUEST SPEAKER

The Affordable Care Act & Health Care Reform: Implications for College Health - Allyson G. Hall, PhD, MBA, MHS, BBA, Research Director, Center for Medicaid & the Uninsured and Associate Professor, College of Public Health & Health Professions, University of Florida

ROOM: Ballroom A

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CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-240-L04-P)

OBJECTIVES:

- Outline key provisions of the ACA as it may pertain to college health.
- Discuss Implementation activities to date and status of legal challenges.

Dr. Allyson Hall's research centers around issues related to access to care for vulnerable populations. Recently she served as one of the investigators commissioned to evaluate changes to Florida's Medicaid program. In addition, she is the principal investigator on a grant funded by the Aetna Foundation to evaluate the effectiveness of primary care medical homes.

Dr. Hall joined the University of Florida in 2003. She holds a Ph.D. in Health Policy from the Johns Hopkins University School of Hygiene and Public Health. She also has an MBA and MHA degrees from the University of Florida. Prior to joining the University of Florida, Dr. Hall worked for the United Hospital Fund (UHF) in New York City. At UHF she served as the principal investigator on a qualitative research project that examined the quality of primary care in New York City. Dr. Hall also was a program officer at the Commonwealth Fund where she was responsible for managing grant programs and conducting policy analysis on issues related to access to care for vulnerable populations. In addition, Dr. Hall has worked as a health care consultant in Guyana and in Jamaica and served on the adjunct faculty at New York University.

SATURDAY, MARCH 3, 10-11 AM – CONCURRENT SESSIONS

CA-MRSA in Student Health & Sports - Michael J. Huey, MD, Executive Director, Student Health & Counseling Services, Emory University

ROOM: Ballroom C

CME: 1.0 Nursing CE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-241-L04-P)

OBJECTIVES:

- Discuss the presenting history and physical findings of a CA-MRSA infection.
- Discuss treatment of CA-MRSA.
- Review the prevention of spread and control of outbreaks of CA-MRSA infections.

Making It Better: What Health Professionals Can Do To Make Their Practice More Inclusive of the LGBT Community - Lauren Hannahs, MS, Director of LGBT Affairs, University of Florida

ROOM: Dogwood

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0

OBJECTIVES:

- Discuss how to create a nonjudgmental and secure environment for LGBT patients.
- Identify social and health issues that are particularly important for the LGBT community.
- Describe the U.S. Department of Health and Human Services recent recommendations to improve the lives of LGBT people.

Mindfulness Meditation: An Effective Intervention for Physical, Academic & Psychological Problems in College Students - Michael Murphy, PhD, Licensed Psychologist and Tina Tannen, PhD, Licensed Psychologist, Counseling & Wellness Center, University of Florida

ROOM: Hawthorne

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0

OBJECTIVES:

- Describe what mindfulness meditation is (and isn't).
- Identify the various disorders that have been shown to be effectively treated with mindfulness meditation.
- Identify students who could benefit from a mindfulness meditation intervention program.
- Describe the treatment program at the UF Counseling and Wellness Center that effectively uses mindfulness meditation for physical and psychological problems.

Moles: Evaluation of Nevomelanocytic Nevi - Susan Millan, MD, Dermatology Clinic, Student Health Care Center, University of Florida

ROOM: Ballroom B

CME: 1.0 Nursing CE: 1.0 CECH: 1.0

OBJECTIVES:

- List risk factors for the development of melanoma.

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- Explain rational photoprotection.
- Identify the characteristics of abnormal nevi.
- Understand the natural history of melanoma.

The Duke “Flu Devils” Collaboration with Student Health to Successfully Fight Influenza on Campus - Anne Derouin, DNP, RN, CPNP, Assistant Professor and Jean Hanson, RN, Duke University

ROOM: Azalea

CME: 1.0 Nursing CE: 1.0 CECH: 1.0

OBJECTIVES:

- Discuss the collaboration between the University Health Center and the School of Nursing to create the “Duke Flu Devils,” a campus-wide Influenza vaccination initiative.
- Describe the outcomes of the collaborative efforts to provide campus wide Influenza vaccination.
- Identify the strengths of the project and areas for improvement for future vaccine projects. Explain how similar collaborative initiatives could be implemented on campuses that do not have nursing schools.
- Outline the implications for future collaborative efforts between student health centers and allied health students/schools.

SATURDAY, MARCH 3, 11:15 AM - 12:15 PM – SPECIAL GUEST SPEAKER

Eating Disorders: From Discovery to Recovery - Kevin Wandler, MD, Chief of Eating Disorders & Assistant Professor, Department of Psychiatry and Director, Eating Disorder Recovery Center (EDRC), University of Florida

ROOM: Ballroom A

CME: 1.0 Nursing CE: 1.0 PsyCE: 1.0 CECH: 1.0 ACPE: 1.0 (e-Profile # 0012-9999-11-242-L04-P)

OBJECTIVES:

- Describe how to use the DSM-IV diagnostic criteria for eating disorders.
- Describe physical findings and medical complications seen in patients with eating disorders.
- List common co-occurring diagnoses seen in patients with eating disorders.
- Describe treatment strategies for patients with eating disorders.

Dr. Kevin Wandler is the Director of the Eating Disorder Recovery Center (EDRC), which he developed for the University of Florida and Shands. He has over 16 years experience evaluating and treating adolescent and adult eating disorder patients, and has been very active in education and prevention, especially for high school and college-age people. EDRC treatment focus includes the discovery of the psychological and neurochemical roots of eating disorders; changing behavior through education and therapy; and creating new treatments based on the results of clinical research to promote recovery. Dr. Wandler and his multi-disciplinary team of experts specialize in treating co-occurring behavioral health issues. Dr. Wandler is also a national leader who is active in the Academy for Eating Disorders, International Association of Eating Disorders Professionals, APA, ASAM and Christian Medical Association. He is a frequent keynote speaker and highly rated teacher at national and international meetings, speaking at meetings and conventions to U.S. and international audiences concerned about eating and anxiety disorders as well as OCD. Additionally, he has been a featured expert and trusted source for the media.

Dr. Wandler is a Diplomat in the American Board Psychiatry and Neurology with added qualifications in Addiction Psychiatry. He is also certified in Addiction Medicine and Adolescent Psychiatry and is a Certified Eating Disorders Specialist in Mental Health. He received his Medical Degree from University of Iowa Medical School in 1982 and completed his Internship and Psychiatric Residency at Maricopa Medical Center in Phoenix in 1986.